

37th Annual Bryce Canyon Winter Festival

February 19th, 20th, & 21st 2022



• Ruby's Inn Activities •

The Winter tradition continues with fun and adventure for the whole family.
Enjoy Family Activities, Crafting, Seminars, dancing and much more!

*Registration is required for some of the activities on this page.
Due to large groups of young Children, all crafts, cookies will be moved over to
Ebenezer's for social distancing.

Festival Registration

Registration will be online.

If you have any questions come to the office window down the hallway across from the restrooms in the Main Resort!

"Home Décor Craft "

18 inch Round Wood sign - \$30

Choose vinyl letters of "Hello" or "Welcome"
Stain or paint it yourself.

Decorate with a bow, greenery and or flowers!

Archery Clinics*

Eric Quilter and Mark Johnson (Moqui) will instruct the finer points of archery in preparation for the Ski/Run Archery Biathlon on Sunday Morning and Archery competition Monday morning!

Archery Classes*

Learn the Basic's of Archery. Mark Johnson (Moqui) will go through the parts of the bow and how to shoot it safely. From beginners to advance.

Race Registration*

Registration will be online and Registration Office up till one hour before race time.

Entry fee is \$10 for each race and includes a long sleeve festival t-shirt.

Pay entry fee at office window down hallway across from restrooms in Main Resort!

Watercolor Classes

Brian Thayne will teach the basics of watercolor painting. Brian will do a watercolor demo on Saturday at 6:00 PM in Ruby's Inn lobby. Stop by and watch the master at work. He will also have artwork displayed in the lobby. Brian will offer watercolor classes: one for adults and two for children.

Archery Competition*

The archery competition will be a 300 round. Six ends of five arrows for a total of 30 arrows. Each arrow will be scored between 0 and 10 and then totaled for a final score. Participants will be competing in age groups similarly to the biathlon with the youngest age being 12 and limited to 40 participants.

Must attend Archery Classes to compete in archery competition.

Bryce Canyon Winter Festival

February 19th, 20th, & 21st



Nutrition Class

Cut through the marketing and learn the truth about nutrients and how your body uses them. Learn sustainable habits to help you perform better, lose weight, & stay on the diet roller coaster.

Brita has a Masters degree in Nutrition and worked for more than 5 years with school nutrition programs.

Run Better & Injury Free

A Focus on avoiding running injuries, while discussing efficient form and how to get faster. Dispel common running myths.

A must have for newer and experienced runners. Golden Harper holds a world-best for a 12-year old in the marathon at 2:45:34. He has a degree in Exercise Science and did his collegiate studies on running technique & running injuries. He grew up working & managing his family owned running store, & was an All-American Cross-Country runner.

The Geologic Investigation "How Bryce Canyon was made"

The emphasis of this class is to review the major geologic events that resulted in the creation of Bryce Canyon National Park. Plate tectonics, sedimentology, and erosion all play a part in how the canyon was formed. We'll review the role each of these components played throughout time, and how observations in the rock allow us to piece together the story of "How Bryce Canyon was Made"

High Fitness

Is a fun fitness class that incorporates interval training with pop music, and easy-to-follow fitness choreography. HIGH Fitness produces a high caloric burn and full-body toning through its carefully formulated choreography that alternates between cardio peaks and toning tracks.

Bobbie Burningham Morrill- Born and raised in Panguitch, married with three boys. She has been teaching High for three years. she loves staying active and finds great joy in helping people find themselves and love them for who they are.

Play with Clay - Pottery Wheel Demo

Get you hands dirty playing in the mud! Watch a demonstration of pottery being made on a wheel. Create your own masterpiece by using basic hand molding techniques. Fun for all ages!

Ruby's Winter Adventure Center

CLOSED

Ski Clinics*

CANCELED

Introduction to Skate Skiing*

CANCELED

Cross Country Ski Races (\$10)*

CANCELED

Bryce Canyon Winter Festival

February 19th, 20th, & 21st



Free Family Dance - Festival Sounds

Fun for the whole family. Festival Sounds has been DJ'ing weddings and dances for over 20 years all over Utah. DJ Bryce knows all the right music and all the right moves on the mic to keep your event going. Their specialties are weddings, parties, schools and live sound! The DJ's knows all the music very well so the guests have a great time.

Snowshoe / Walk Tours

Get exercise and connect with nature on a 2.5 mile walk through Dixie National Forest to Bryce Canyon hoodoo rim (moderate, 1-2 hours). Learn about the Forest Service, local ecology and geology. Please wear boots and layers, and stay hydrated!

Family Movie Night - "Encanto"

Bring your pillows, blankets and wear your PJ's! We will be serving popcorn and drinks to all who attend!

Canyons IV Hydration and Wellness

Boost your immune system, get rid of toxins, help with stubborn weight loss, or simply increase hydration with our infusion and injection services. Schedule or walkins are welcomed!

Presentation - Let's Get Wild

Interactive presentation on Wildlife of Utah. Will discuss the natural history of predators and their prey and how animals communicate. Learn interesting facts such as: Why don't deer feet freeze when it gets -40 degrees. Presented by Darrell McMahon.

Making Leather Journals

Handcrafted leather books can be used to record your sketches, journal entries, recipes, etc. You can watch a demonstration for FREE or purchase pre-made kits for \$35.00 each, and assemble your own journal while we demonstrate how to make them.

Hula - Come Learn How

Everyone wants to learn Hula. Hula is an expressive traditional dance form originating from the Hawaii Islands. It comes together from the basic footsteps, circular hip movements and gestures symbolizing natural events and mythological subjects - so it's basically a dance that tells a story. The other fun thing about it is that it's really easy to learn. Racheal Johnson-born and raised in Hawaii, has been dancing Hula for over 30 years. She has been a Hula Dance instructor for 10 years. If you have a Sarong, bring it along.

Win 2 Nights at Ruby's Inn



Photo Contest

Snap and share your scenic photos of Bryce Canyon and favorite Winter Festival activities and share your photo with us on Instagram, facebook or twitter!

Use the hashtag:

#BryceWinterFest

See "Schedule of Events" for all classes and times.

Bryce Canyon Winter Festival

February 19th, 20th, & 21st



Foot Health: How to Fix and Prevent Foot Pain

We'll discuss long term solutions (not Band-Aids) to common foot problems, such as Plantar Fasciosis, Bunions, Neuromas, Neuropathy, Metatarsalgia, & more. The science of chronic foot pain and the actual root cause of most foot problems will be discussed. We'll also look at how most footwear & insoles may help initially, but lead to more long term problems. Finally, we'll look at the practices, exercises, footwear, and more that can lead to long term foot freedom & strength

Cookie Decorating

Use your creativity to decorate a cookie! This class is for all ages, but children under 10 should be accompanied by an adult.

Bird Brains

We live in a world of wonder. In this intriguing presentation, we will delve into the minds and brains of birds. Ravens and Crows defy the phrase "Birdbrained". These clever birds are known for making their own tools, have powers of abstraction, memory, creativity, possessing a form of consciousness, and thinking about the future. Earning them a top spot among Earth's most intelligent animals alongside dolphins, great apes, and elephants. Whose smarter birds or mammals?

Crafts for Kids

Bring the kids and enjoy a variety of projects that are easy and fun to create. Small children should have a helper come along.

Guest Speaker : Michael Eldredge - "Being Music"



Success and relationship coach Michael Eldredge has been helping individuals improve their relationships and realize their personal and professional goals for 15 years. Prior to that he was one of the most requested presenters and clinicians for the Contemporary A Cappella Society of America.

Join Michael Eldredge as he invites you to examine the powerful effects of music in an exploration of our viscera (college talk for "how stuff feels.") A unique collection of science, emotions, and "new age nonsense" mixed up with a healthy dose of wild speculation creates the opportunity to explore some interesting ideas, consider ways to broaden perspectives, and hopefully have some fun.

Bryce Canyon Winter Festival

February 19th, 20th, & 21st



Smartphone Photography - Creative Apps

We will explore creative ways to edit your smartphone photos. I will introduce the attendees to a group of apps that add interesting and creative effects to their photos. These apps allow the user to be fully in control of their camera, making it the perfect camera to always have with you.

Yoga

Bill Held – Balance and Core - Youth/opened to anyone: He is the Director of a nonprofit group “A Quality Life” teaches the Fundamentals of Yoga, Balance and Core, restorative classes, he teaches classes at the VA and LDS Hospitals, “The Hope Lodge” and “The Mindful Yoga Studio”. Instructor to evening Yoga!

Yoga classes will be over Zoom and Zoom Link will be available at office window down hallway across from restrooms in Main Resort!

“Photography Workshop - Landscape”

“Surefire tips to improve your Photography” an introduction to valuable tips to significantly improve your landscape photography by professional photographer, Lloyd Eldredge.

Kayaking Demos*

Want to learn how to kayak? Now is your chance! Half-hour kayaking demos will be held in the pool Saturday and Sunday mornings. \$5 Fee that will be refunded upon arrival to activity. NO SHOW to activity will forfeit fee.

Pay your sign up fee at registration office prior to your scheduled time.

Simple Line Dancing Instruction

If you can walk, Colleen can teach you to dance! Come learn simple, fun Western line dances, American Round and Square Dances. Even if you have never danced before, you can do this!!!!

Colleen West is a “retired”(but not old) full-time professor from the Dance Department at BYU. (She will also come to your stake trek and teach pioneer and western dance)

String Art

A fun relaxing activity the whole family can enjoy. Make a picture out of string by following a number pattern. There are many different patterns to choose from: flowers, snowflakes, hearts, sports and more. After getting instructions and supplies complete the project at your own pace.

“Photography Workshop - Smartphone”

Come join our Smart phone class! Hints, tips, and ideas on taking better pictures with your smart phone. Understand the strengths and weaknesses of camera phones and how to emphasize the good. This will be an open discussion where you can feel free to share your ideas and success stories!

Kids Snowboot/Foot Races

Fun for kids. Bring your kids to the archery range area. This very short, fun race will be divided into several age groups.

Awards given to all who participate!

Bryce Canyon Winter Festival

February 19th, 20th, & 21st



• Bryce Canyon Activities •

Winter Festival National Park Service Programs
Bryce Canyon National Park

* Reservations required. Program locations will be given when you sign up at the Visitor Center. Sign ups are day-of the program, beginning at 8 a.m., first-come, first-served.

Color Swatch Observation

Yes, that's a pink cliff – but how pink? Come get a color swatch from the park rangers to determine the hue or shade of the colors you see in the geologic landscape. Compete and compare scientific data with others. Fun for the whole family. (Note to parents: this youth-oriented program is designed to encourage the aspiring scientist to be precise in their observations and collaborate with others.) SATURDAY ONLY Sponsored by the park rangers from the Grand Staircase-Escalante-National Monument

Wildlife Tracking Instruction and Activity

Have you ever wondered what animals are winter-thriving in Bryce National Park? Join us! Learn the science of wildlife tracking! Hike with the park rangers from the Grand Staircase-Escalante National Monument as they teach the science of tracking. Use this skill to help park rangers catalog the wildlife of Bryce National Park. Are there foxes and mountain lions near-by? Let's find out! (This is an outdoor youth program. Snow gear and a sense of wonder are required; snowshoes condition-dependent)

Geo-Detectives: Exploring what we see without our eyes

Bryce Canyon is known for being one of the most visually striking locations – but what if that was taken away? Find out what other senses you can use to help tell the story of Bryce Canyon.

Hoodoo Geology Talk

Join a park ranger to learn about how Bryce Canyon's famous hoodoos are formed!

Skull Detectives Table

Skulls tell us about how animals sense the world around them!

Southern Paiute Astronomy*

Most of the constellations we are familiar with are Greek myths, but tonight we will view the stars from a Southern Paiute lens.

You are Hear!

Join Scientist in Parks intern Claire to learn about soundscapes in Bryce Canyon National Park.

Bryce Canyon Winter Festival

February 19th, 20th, & 21st



Let it Snow! Exploring snow science and winter landscapes*

Hike with Scientist in Parks intern Hannah to explore how snow and ice changes the landscape around us, and how it affects how we interact with and travel through these wintry wonderlands.

Sensory Geology Table

Discover how geologists study rocks and fossils using all of their senses.

Jr. Ranger Hoodoo Talk

Work on becoming a junior ranger by learning about how the hoodoos are formed!

How to Bake a Hoodoo

Learn why Bryce Canyon has the perfect "recipe" for making hoodoos.

Entrance fee to Bryce Canyon required to access National Park activities